

Pushing through boundaries.



EMpowered people®

Brew, Sweat & Gears

a documentary produced by Film Grade

Date: Friday 29th November 2013

Venue: The Sanctuary of Healing, Dewhurst Road, Langho, Blackburn BB6 8AF

Time: 7.00pm

Tickets £10.00 each

The Event:

EMpowered people present their documentary: **Brew, Sweat, and Gears**, produced by **Film Grade**.

The film identifies some of the problems and daily challenges of a group of like minded individuals, who share the same objectives to overcome disability and prove what can be achieved.

Amazing and inspiring film that covers a journey born from an idea of creating a charity that would help and support inclusive cycling. Leading to an amazing three day cycling adventure our 150 mile coast 2 coast.

Contact: Simon Lord
Email: empoweredpeople@btconnect.com
Tel: 07702 784 916

Evening Programme

- 7 pm Drinks (tea/coffee included) in the Sanctuary Cafe
- 7.30 Film
- 8.30 Drinks in the Sanctuary Café followed by Auction and raffle

Four of the **Coast 2 Coast** bikes will on display and their riders will be attending.

Incredible auction prizes to be won including a **Retro Style American Cycle worth £600.00** donated by **ISO Bikes** - please see our website for details of the auction